

INSHORE & SHORT COASTAL RACES HELD IN DAYLIGHT

ISAF category 4 shall be applied to all boats with the NESS prescription as follows:

Strongly recommended (SR) means that a regulation has not been deleted but that a boat **cannot be protested** if that regulation has not been complied with.

Reference shall be made to the extract for race category 4 monohulls at http://www.sailing.org/offshore/2006/OSR2006_Mo4_250106.pdf

The following equipment shall be carried by all boats (this is a summary only of the mandatory equipment to be carried).

- 3.23 One Manual bilge pump & one bucket & lanyard
- 3.24 An accurate marine manual compass
- 3.28 Adequate engine (see category 3)
- 3.29 VHF & emergency antenna or watertight hand held VHF
- 4.01 Sail numbers.
- 4.03 Soft wood plugs, tapered and of the appropriate size, shall be attached or stowed adjacent to the appropriate fitting for every through-hull opening.
- 4.05 One Fire extinguisher readily accessible in a suitable part of the yacht.
- 4.06 One Anchor with suitable warp and minimum 3 meters of chain.
- 4.08 First aid kit & manual
- 4.09 Foghorn
- 4.11 Suitable charts of area
- 4.16 Tools and spare parts, including effective means to quickly disconnect or sever the standing rigging from the hull shall be provided.
- 4.22 Lifebuoy shall be provided within reach of the helmsman and ready for instant use:
- 4.23 2 red hand held flares and 2 orange smoke flares
- 4.25 A strong, sharp knife, sheathed and securely restrained shall be provided readily accessible from the deck or a cockpit.
- 5.01 Lifejacket or adequate personal buoyancy for each crew member.

Competitors shall be directed by the Race Officer for the use of lifejackets and adequate personal buoyancy.

The following regulations are prescribed as **SR**:

- 3.08/1-4 Hatches and companionways
- 3.09/1-8 Cockpits
- 3.12 Mast Step - The heel of a keel stepped mast shall be securely fastened to the mast step or adjoining structure.
- 3.14 Pulpits, stanchions, lifelines
- 3.18 Toilets - A toilet, permanently installed or fitted bucket
- 3.19 Bunks - Bunks, permanently installed
- 3.27 Navigation lights - Navigation lights shall be mounted so that they will not be masked by sails or the heeling of the yacht. Spare bulbs for navigation lights shall be carried, or for lights not dependent on bulbs, appropriate spares.
- 4.01.2 Sail numbers and letters of the size carried on the mainsail must be displayed by alternative means when none of the numbered sails is set.
- 4.07 Watertight flashlight with spare bulbs and batteries
- 4.08.5 At least one member of the crew shall be familiar with First Aid procedures, hypothermia and relevant communications systems
- 4.10 Radar reflector to comply with ORC special regulations
- 4.12 A safety equipment location chart in durable waterproof material shall be displayed in the main accommodation where it can best be seen, clearly marked with the location of principal items of safety equipment.
- 4.13 Echo Sounder or Lead Line
- 4.18 Retro reflective fitted to lifebuoys, lifeslings, liferafts and lifejackets
- 4.22.4 Each lifebuoy or lifesling shall be fitted with marine grade retroreflective material
- 4.23 4 red hand, 2 orange hand and 2 white hand held flares
- 4.24 A heaving line shall be provided 15 m - 25 m (50 ft - 75 ft) length readily accessible to cockpit.
- 4.26 Storm & heavy weather sails